

I use the fitness at my own risk and I agree with the house rules:

House Rules Fitness Van der Valk Hotel The Hague - Wassenaar

- 1. The customer uses the facilities at his own responsibility and risk. The customer understands that physical activity can prevent possible injuries or other complications without this arising from negligent actions on the part of Hotel Den Haag Wassenaar or BeneFIT Studio. The customer does not hold Hotel Den Haag Wassenaar and BeneFIT Studio liable for any injury and/or material or immaterial damage. Hotel The Hague Wassenaar and BeneFIT Studio exclude any responsibility for personal damage to a customer or guest during or after the stay in the Fitness, Personal Training Studio or another training location, whether or not the available facilities are used.
- 2. Each customer indemnifies Hotel Hotel Den Haag Wassenaar and BeneFIT Studio against any liability towards third parties for damage suffered by the third party in question during his or her presence as a result of actions or negligence of the customer.
- 3. Hotel The Hague Wassenaar and BeneFIT Studio are never liable for any indirect damage to the customer or third parties, including consequential damage, lost income and damage as a result of incorrect or incomplete information obtained.
- 4. Hotel The Hague Wassenaar and BeneFIT Studio are not liable for loss or theft of property during the stay.
- 5. The customer knows that he/she uses the Van der Valk Fitness without supervision. If he/she wants guidance, he/she additionally books a Personal Training session at BeneFIT Studio.
- 6. When using the Fitness, the customer only uses the Fitness Zone. The Personal Training Zone can only be used under the supervision of a personal trainer from BeneFIT Studio.
- 7. Because of Hygiene regulations it's obligated to wear clean indoor shoes and to use a towel. The customer is also requested to disinfect the training materials used after use with the available cleaning tools and to put them back neatly in the same place.
- 8. The customer must adhere to the dress code: the abdomen must always be covered and training in a halter top is not permitted.
- 9. There are cameras in various places within the building. Everyone who is in our hotel consents to recording. In the event of calamities and/or incidents, these recordings can be shown to third parties as supporting material.
- 10. It is not permitted to use the equipment and facilities if the customer is under the influence of alcohol, drugs, medicines or substances classified as doping. Smoking is also not permitted in the building.
- 11. Damage, loss or destruction of property of Hotel The Hague Wassenaar and/or BeneFIT Studio will result in immediate removal, liability and/or reporting to the police.
- 12. Young people under the age of 12 are only allowed access under the supervision and responsibility of a person over the age of 16.
- 13. The customer declares that he has not been imposed any medical restrictions by a doctor or medical specialist to be allowed to use the Fitness facilities.
- 14. If the customer does not comply with the house rules, he/she will be asked to leave the fitness.

In the event of violation of the rules as stated in these house rules or in the event of other undesirable or unlawful behavior, Hotel Den Haag - Wassenaar and BeneFIT Studio reserve the right to put the customer on the Alert List for a certain period, and/or, if there is a serious violation, to share the data with other Van der Valk Hotels and BeneFIT Studios so that the customer is no longer welcome there either. In the event of a placement on the Alert List, the customer will receive a written notification.

